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Lead Your Own Thoughts

The biggest battle in life is not outside…

it is inside our own mind.

Every day, thousands of thoughts come to us —

some give us courage, while others create fear.

But remember…

the person who learns to lead their own thoughts,

can truly lead their own life.

If you constantly think negatively,

you will see fear even in opportunities.

But if you guide your mind in the right direction,

you will find a path even in difficulties.

The mind is like a vehicle…

if the steering is not in your hands,

life may drift in any direction.

So read positive thoughts daily,

stay around good people,

and keep telling yourself —

“I can do this.”

Because…

when thoughts change, decisions change.

When decisions change, habits change.

And when habits change, life changes completely.

So…

before leading others,

learn to lead your own thoughts first.